



Actor portrayal

A guide to **STARTING TREATMENT**

What is TZIELD?

TZIELD is a prescription medicine used to delay the onset of Stage 3 type 1 diabetes, which is when your body can't make enough insulin on its own and may require insulin injections. TZIELD is for **adults and children 8 years of age and older who have Stage 2 type 1 diabetes**. This means that they have tested positive for 2 or more type 1 diabetes-related autoantibodies, have abnormal blood sugar levels, and do not have type 2 diabetes.

It is not known if TZIELD is safe and effective in children under 8 years of age.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about TZIELD?

TZIELD may cause serious side effects. These include:

- **Cytokine release syndrome (CRS).** Signs and symptoms may start during the first 5 days of TZIELD treatment and could include fever, nausea, feeling tired (fatigue), headache, muscle and joint pain, or increased liver enzymes in your blood. Tell your healthcare provider right away if you develop any signs and symptoms of CRS during treatment with TZIELD.

Please see Important Safety Information throughout.
Please see [Medication Guide](#) and [Prescribing Information](#).



Why DELAY STAGE 3 T1D?

The onset of Stage 3 T1D can have a major impact for you or your child. People in Stage 3 will eventually need insulin for the rest of their lives. More time can help you to prepare for the future.

YOU CAN USE THE ADDITIONAL TIME THAT YOU HAVE IN STAGE 2 T1D TO:



Continue to live without the daily challenges of Stage 3 T1D



Prepare for T1D management in the future



Find the right doctor and care team to offer guidance and support

IMPORTANT SAFETY INFORMATION (CONT'D)

What is the most important information I should know about TZIELD?

TZIELD may cause serious side effects. These include:

- **Decrease in white blood cells.** TZIELD may cause a decrease in a type of white blood cell called lymphocytes. A decrease in white blood cells is a serious, but common side effect that can affect your body's ability to fight infections. A decrease in white blood cell counts can happen after your first dose. Your white blood cell counts will start to go back to normal after your fifth dose of TZIELD. Some people may develop longer and more severe decreases in lymphocytes.

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Actor portrayal

How TZIELD WILL BE GIVEN

TZIELD is an intravenous (IV) infusion. This means it's given through a needle into a vein in your arm.



Infusions are once a day, every day for 14 days in a row



Each infusion is at least 30 minutes long

YOU WILL ALSO NEED SOME EXTRA TIME BEFORE AND AFTER EACH INFUSION. THIS IS SO A NURSE CAN PREPARE THE INFUSION AND MONITOR YOU AFTERSWARDS.

If you miss a scheduled infusion, your doctor will continue your treatment on the next scheduled day. You will not receive 2 infusions on the same day.

AFTER YOU'VE BEEN PRESCRIBED TZIELD, ENROLL IN TZIELD COMPASS

Your COMPASS Navigator will confirm your insurance coverage and provide information about financial assistance options that may be available. They can also help you find an infusion location so you can schedule treatment. **Scroll down to [page 7](#) to learn more about TZIELD COMPASS support offerings.**

IMPORTANT SAFETY INFORMATION (CONT'D)

What is the most important information I should know about TZIELD?

Your healthcare provider will do blood tests to check your liver and your complete blood counts before you start treatment and during treatment with TZIELD. During and after your treatment with TZIELD, your healthcare provider will check for serious side effects, as well as other side effects, and treat you as needed. Your healthcare provider may temporarily or completely stop your treatment with TZIELD, if you develop liver problems, have a serious infection, or if your blood counts stay too low.

**Please see Important Safety Information throughout.
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Talk to your doctor about
**THE INFUSION LOCATION
 THAT'S BEST FOR YOU**

Some infusion locations could include:



You can talk to your doctor about finding a 2-week period for infusions that works for your schedule. If you are enrolled in TZIELD COMPASS, your COMPASS Navigator may also be able to help.

BLOOD TESTS



Your doctor will do blood tests to check your liver and your complete blood counts before you start treatment and during treatment with TZIELD.

IMPORTANT SAFETY INFORMATION (CONT'D)

What should I tell my healthcare provider before receiving TZIELD?

Before or after receiving TZIELD, tell your healthcare provider about all your medical conditions, including if you:

- have a serious infection or an infection that does not go away or that keeps coming back.
- have recently received or are scheduled to receive an immunization (vaccine). TZIELD may affect how well a vaccine works. Tell your doctor that you are receiving TZIELD before receiving a vaccine.

Please see Important Safety Information throughout.
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DURING THE 14-DAY infusion period

TIPS FOR INFUSION DAYS

- ✓ Get a good night's sleep
- ✓ Drink plenty of water beforehand
- ✓ Bring a book or activity to keep yourself entertained
- ✓ Eat a nourishing meal, unless otherwise instructed by your doctor
- ✓ Wear comfortable clothing
- ✓ Pack your or your child's favorite snacks
- ✓ Have your child bring their favorite toy
- ✓ Ask about bringing a friend or family member to sit with you during your infusion
- ✓ Create a fun countdown calendar for each infusion

Talk to your doctor if you miss any infusion days. You may need to continue the next day to complete all 14 infusions.

 *day 1*
READY, SET, GO!



OTHER MEDICATIONS

For the first 5 days of treatment, your doctor will give you medicines to take before the infusion. These could include certain types of painkillers, antihistamines, and anti-nausea remedies. They may help reduce any fever, headache, muscle/joint pain, or nausea that may be caused by a possible side effect of TZIELD.

 *day 7*
HALFWAY THROUGH!

TZIELD may cause serious side effects. During and after treatment with TZIELD, your doctor will check for serious side effects, as well as other side effects. They may treat you for these or decide to stop treatment if you develop liver problems, have a serious infection, or if your blood counts stay too low. For a list of possible side effects with TZIELD, scroll down to page 6.

 *day 12*
YOU'RE ALMOST THERE!

 *day 14*

YOUR TREATMENT IS COMPLETE!

It's time to celebrate and recognize this accomplishment!



Follow up with your doctor

Your doctor may check in about any side effects or medical conditions after treatment. They can also help you work out the right schedule for checking your blood sugar levels and for follow-up appointments.



Share your experience

Once treatment is completed, you can share your thoughts with your COMPASS Navigator. Your insights could help make a difference for others starting TZIELD.

Please see Important Safety Information throughout.
Please see [Medication Guide](#) and [Prescribing Information](#).



Possible SIDE EFFECTS

TZIELD MAY CAUSE SERIOUS SIDE EFFECTS. THESE INCLUDE:

➤ **CYTOKINE RELEASE SYNDROME**

TZIELD can cause a side effect called cytokine release syndrome, or CRS. Signs and symptoms of CRS include:

- fever
- muscle and joint pain
- headache
- feeling tired (fatigue)
- nausea
- increased liver enzymes in your blood

These signs and symptoms may start during the first 5 days of TZIELD treatment. Tell your doctor right away if you develop any signs and symptoms of CRS during treatment with TZIELD.

➤ **DECREASE IN WHITE BLOOD CELLS (LYMPHOPENIA)**

TZIELD may cause a drop in a type of white blood cell called lymphocytes. This can affect your body's ability to fight infections. A decrease in white blood cell counts can happen after your first dose and will start to go back to normal after your fifth dose of TZIELD.

The most common SIDE EFFECTS OF TZIELD



RASH



**DECREASE IN WHITE BLOOD
CELL COUNTS (LEUKOPENIA)**



HEADACHE

**TALK TO YOUR DOCTOR RIGHT AWAY IF YOU NOTICE
ANY SIDE EFFECTS AFTER STARTING TZIELD.**

These are not all the possible side effects of TZIELD.

Please see Important Safety Information throughout.
Please see [Medication Guide](#) and [Prescribing Information](#).



Tziel[®] COMPASS

Guiding you through the TZIELD treatment experience

A patient support program that provides helpful tools and resources, information on financial assistance options, and one-on-one support every step of the way.

Once you are enrolled into the program, your dedicated COMPASS Navigator can:

- Explain your insurance coverage
- Provide information about financial assistance options that may be available to you
- Help you understand where to get TZIELD infusions depending on your insurance and other factors
- Check in once treatment is completed
- Answer questions about the program and offerings

Tziel COMPASS is a patient support program that helps patients to gain access to TZIELD and provides patients with education and resources related to TZIELD. Tziel COMPASS is not a healthcare service or an insurance provider and does not provide care coordination. Be sure to always contact your physician if you have any questions about your health or treatment with TZIELD. Tziel COMPASS and your COMPASS Navigator will not provide medical or treatment advice. Tziel COMPASS services are available only to those who have been prescribed TZIELD and are intended for US residents only.

Visit TZIELD.com/COMPASS to learn more about how you can receive personalized support along your treatment path.

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- **Decrease in white blood cells.** TZIELD may cause a decrease in a type of white blood cell called lymphocytes. A decrease in white blood cells is a serious, but common side effect that can affect your body's ability to fight infections. A decrease in white blood cell counts can happen after your first dose. Your white blood cell counts will start to go back to normal after your fifth dose of TZIELD. Some people may develop longer and more severe decreases in lymphocytes.

Your healthcare provider will do blood tests to check your liver and your complete blood counts before you start treatment and during treatment with TZIELD. During and after your treatment with TZIELD, your healthcare provider will check for serious side effects, as well as other side effects, and treat you as needed. Your healthcare provider may temporarily or completely stop your treatment with TZIELD, if you develop liver problems, have a serious infection, or if your blood counts stay too low.

What should I tell my healthcare provider before receiving TZIELD?

Before or after receiving TZIELD, tell your healthcare provider about all your medical conditions, including if you:

- have a serious infection or an infection that does not go away or that keeps coming back.
- have recently received or are scheduled to receive an immunization (vaccine). TZIELD may affect how well a vaccine works. Tell your doctor that you are receiving TZIELD before receiving a vaccine.
- are pregnant or plan to become pregnant. TZIELD may harm your unborn baby. Do not receive TZIELD during pregnancy and at least 30 days before a planned pregnancy.
- are breastfeeding or plan to breast feed. It is not known if TZIELD passes into your breast milk and if it can harm your baby. Talk to your healthcare provider about the best way to feed your baby if you receive TZIELD.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of TZIELD?

The most common side effects of TZIELD include:

- rash
- leukopenia (decrease in white blood cell counts)
- headache

These are not all of the possible side effects of TZIELD. Talk to your healthcare provider for more information, and tell them about any side effects you notice. You may report side effects to the FDA at www.fda.gov/medwatch or 1-800-FDA-1088.

Please see [Medication Guide](#) and [Prescribing Information](#).
Talk to your doctor about TZIELD.



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